



PRE-OP INSTRUCTIONS

1. You should arrive at the surgery center at 1 hour 15 minutes before scheduled surgery time. Do not arrive early you will be called by your scheduled appointment time.
2. Please bring your drivers license or another type of picture ID with you.
3. Please leave all watches, jewelry, and valuables at home. Women, please don't wear any make-up the morning of surgery.
4. You must have someone drive you to and from the center. They should remain on site during your procedure (your surgery could be delayed if they leave the center) and drive you home afterwards. Regulations forbid us from releasing you without someone to drive you home.
5. Someone needs to stay with you for 24 hours following surgery.
6. An appointment is scheduled for you the day after surgery. The appointment time will be written on your discharge instruction sheet. You will need someone to drive you to this appointment.
7. Remember, do not eat or drink anything after midnight the night before your surgery. Also, do not chew gum, mints or cough drops. You may brush your teeth but do not swallow any water.
8. Wear something comfortable and warm. (If receiving General Anesthesia, patients will need to take off pants and undergarments and be given a gown).
9. Take all your usual eye drops the morning of surgery unless instructed otherwise.
10. Please bring a list of your current medications with the dose and frequency in which you take them. Do not bring your prescription bottles.
11. You may take aspirin or other blood thinners, blood pressure, and heart medication with a sip of water the morning of surgery, unless instructed otherwise.
12. If you are diabetic do not take your diabetic medication (pills or insulin) the morning of surgery. (Diabetic pump patients will be instructed by the anesthesia provider when to turn off their pump)

Please give us a call if you have any questions before your surgery at (706) 922-6000